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[https://drive.google.com/file/d/1\\_-HjmdjtPk-Do6JYt\\_oMIR2e6HM5LN\\_s/view](https://drive.google.com/file/d/1_-HjmdjtPk-Do6JYt_oMIR2e6HM5LN_s/view)

**Adrienne's Quick and Dirty Breton Dance Notes**

presented by Adrienne Simpson during the Breton session of Lark Camp Online

For Jim Oakden's tune collection, see:

**An Dro - pinky hold**

- 1 Left
- & Right
- 2 Left
- step left diagonally into center of circle
- arms up-around-up, making a 9 shape
- 3 Right
- & Left
- 4 Right
- stepping back slightly
- arms trace 9 back down-around-down

**Hanter Dro - right arm/elbow over neighbor's left arm (or men's arms over women's arms)**

- 1 Left
- & Right
- 2 Left
- stepping to the left
- 3 Right
- stepping in place

Clear example:

<https://www.youtube.com/watch?v=FWzbD4Oohi8>

**Danse Klamm - same as Hanter Dro, but with surprise squat called out in the music right arm/elbow over neighbor's left arm (or men's arms over women's arms)**

- 1 Left
- & Right
- 2 Left
- stepping to the left
- 3 Right
- stepping in place

**Gavotte Suite**

**I. Gavotte** - right arm/elbow over neighbor's left arm (or men's arms over women's arms)

- 1 Left
- 2 Right
- 3 Left
- & Right
- 4 Left
- moving back and left
- 5 Right
- 6 Left
- 7 Right
- (pause, lift left knee)
- moving forward toward center

**II. Bal** - pinky hold

A. (Slow) Walking, arms relaxed and swinging; right foot crosses in front

B. (Fast) Stand on both feet, facing center of circle, arms held slightly above elbow height in loose W shape:

- 1 Tap right foot toward center of circle; arms also mark the beat, pointing toward center
- 3 Place right foot back home next to left foot; arms hinge back into loose W shape
- Extra right foot stamp at end of musical phrase

**III. Gavotte** - right arm/elbow over neighbor's left arm (or men's arms over women's arms)

Same as first section, above; often a bit more vigorous

Clear example:

[https://youtu.be/ba\\_mnUJdgo0](https://youtu.be/ba_mnUJdgo0)



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For Jim Oakden's tune collection, see:

**Kas a Bar - couple dance, pinky hold  
footwork same as An Dro**

1 Left  
& Right  
2 Left  
Couple moves along circle, clockwise (reverse line of dance)

3 Right  
& Left  
4 Right  
Couple moves along circle, clockwise

5 Left  
& Right  
6 Left  
Lead faces into center of circle, using figure 8 shape to draw partner to face, then

7 Right  
& Left  
8 Right  
Lead backs up along circle, drawing partner toward them (follow moves forward)

Clear example: (dancing starts at about 0:22)  
<https://youtu.be/KGfiOd4dRGQ>

**Laride/Ridee 6 Temps - pinky hold, start with arms relaxed down**

**Feet:**  
1 or 1 Left  
2 & Right  
3 2 Left  
4 (pause)  
5 3 Right  
6 Pause

**Arms:** Pinky hold, start with arms relaxed downward

1 or 1 Swing up to waist height  
2 & Swing down  
3 2 Swing up to waist height  
4 & Pull arms back toward body  
5 3 Extend arms out toward center of circle  
6 & Swing arms down

Clear example:  
<https://youtu.be/DYgfRoic4ak>

**Laride/Ridee 8 Temps - pinky hold, start with arms relaxed down**

1 Left Arms swing up to waist height  
2 Right Arms swing down  
3 Left Arms swing up to waist height  
4 Right in place, arms swing up to make a W shape  
5 Rise onto balls of both feet, arms pump slightly up  
6 Lower heels of both feet to ground, arms pump slightly down  
7 Small step back Right, arms push up and forward  
8 Bounce on Right foot, arms swing down

Clear example:  
<https://youtu.be/xpIq95KEm5E>



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For Jim Oakden's tune collection, see:

**Pach Pi (passe pied) - hands held in circle at about elbow height Starts on RIGHT foot, moves left in a circle**

**A - moving left along circle**

1 Right  
& Left  
2 Right  
Right foot placed diagonally in front toward left  
Arms bounce toward center of circle

3 Left - stepping back, slightly toward left  
& Right - in place  
4 Left - in place  
Arms bounce back to circle

**B - toward center of circle**

1 Right - into center of circle, arms bounce toward center of circle  
2 Left - back into place, arms bounce back to circle  
3 Right - behind, arms bounce  
4 Left - back into place, arms bounce

Clear example: (people who know what they are doing start around 0:22)  
<https://youtu.be/5eDQmweiZlo>

**Plinn Suite**

1. In a circle, arm over/under hold

1 Hop on both feet  
2 Hop on both feet

3 Right  
& Left  
4 Right  
All very low

2. Couple dance. As a couple, in promenade position facing line of dance (counter clockwise), lead's arm over, follow's arm under, hands held in front

A. Strolling with partner

B. Plinn step with partner  
1 Hop on both feet  
2 Hop on both feet

3 Right  
& Left  
4 Right  
All very low

Clear example:  
<https://youtu.be/UZUQCSnBR5A>